

## **WEEK 7: REBUILDING THE PEOPLE**

Nehemiah: Walking Through the Ruins; Working Through the Rebuild

Key Text: Nehemiah 7–10

### **CORE COUNSELING TRUTH:**

Walls can be rebuilt in 52 days. Hearts require Scripture, confession, and covenant. God is not only rebuilding what is around you — He is restoring who you are.

### **What We Learned**

Nehemiah 7–10 shifts from construction to consecration. The wall is finished, but the people must be restored.

God secures identity before He secures longevity. Revival does not begin with emotion. It begins with Scripture.

### **Identity Before Activity**

Nehemiah gathered the people by genealogy (Nehemiah 7). Before they could move forward, they had to remember who they were.

- Where have I been functioning without remembering my identity in Christ?
- Am I building activity while neglecting spiritual rootedness?

### **Scripture Before Strategy**

Ezra read the Law publicly (Nehemiah 8:1–8). The people stood. They listened. They understood. Conviction came before celebration.

- Do I consistently place myself under God's Word?
- When Scripture confronts me, do I soften or resist?
- Is my life shaped more by culture or by the Word?

### **Conviction Without Despair**

The people wept when they heard the Law (Nehemiah 8:9). Nehemiah said, "The joy of the LORD is your strength." (8:10)

- Do I confuse conviction with condemnation?
- Where do I need to receive joy instead of rehearsing guilt?

### **Confession and Separation**

They confessed their sins and separated from compromise (Nehemiah 9:2–3). Honesty is the doorway to renewal.

- What patterns in my life need named before God?
- Where have I minimized what God is asking me to confront?

### **Covenant, Not Emotion**

They made a written commitment (Nehemiah 10). Revival moved from feeling to decision.

- What obedience have I delayed?
- What specific commitment is God asking of me now?

### **Scriptures to Meditate On**

- Nehemiah 8:8–10
- Nehemiah 9:2–3
- Psalm 119:9–11
- Romans 12:1–2
- James 1:22–25

## **Closing Prayer**

Ask God to restore your identity where drift has occurred. Pray for a renewed hunger for Scripture. Confess what must be confessed. Commit what must be committed. And receive the joy that strengthens obedience.